

## **Colonel Rowe Combat Survival Kit**

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| <b>Fire</b> | Star | ting | & II | lumi | nation: |
|-------------|------|------|------|------|---------|
|-------------|------|------|------|------|---------|

| □ 1 Metal match with a scraper or butane lighter                      | □ 1 Tea candle   |  |  |  |
|---|--|--|--|--|
| □ 10 Wind & waterproof matches with striker                           | ☐ 1 Handheld flashlight or headlamp                    |  |  |  |
| □ 5 Waterproof tinder   | □ 1 Spare bulbs/batteries                              |  |  |  |
| Protection & First Aid:   |  |  |  |  |
| □ 1 Basic first aid kit   | □ 1 Lypsyl lip balm with sun screen                    |  |  |  |
| □ 2 Waterproof survival and first aid instruction                     |  |  |  |  |
| Kit & Tools:  |  |  |  |  |
| □ 1 Signal mirror   | □ 2 Sewing needles                                     |  |  |  |
| □ 1 Sturdy fixed or folding blade knife                               | □ 26 ft. Sewing thread on plastic bobbin (half filled) |  |  |  |
| □ 1 Wire saw or folding saw   | □ 3 Safety pins  |  |  |  |
| □ 2 Single edge razor, scalpel, or X-acto blades                      | □ 35 ft. Fishing line approx. 25 lb. test              |  |  |  |
| □ 1 Golf pencil or Sharpie pen  | □ 3 Small fishhooks with leader line                   |  |  |  |
| □ 22 in. Cloth/duct tape (wrap around pencil)                         | □ 3 Split shot sinkers                                 |  |  |  |
| □ 50 ft. Parachute line or 550 Cord                                   | □ 1 Whistle with lanyard                               |  |  |  |
| □ 20 ft. Brass wire snare   | □ 25 ft. Fluorescent plastic surveyors tape            |  |  |  |
| □ 1 Plastic compass - with degree markings                            | □ 2 Quarters for an emergency phone call               |  |  |  |
| Insulation:   |  |  |  |  |
| □ 1 Poncho, plastic sheet, or orange trash bag                        | □ 1 Space blanket                                      |  |  |  |
| Nutrition & Hydration:  |  |  |  |  |
| □ 2 ft. <sup>2</sup> Aluminum turkey foil (for cooking)               | □ 5 Food bars high in carbohydrate                     |  |  |  |
| □ 1 Mess kit and eating utensil                                       | □ 6 Water purification tablets (Chlorine)              |  |  |  |
| □ 6 Salt and Dextrose tablets (450mg Sodium Chloride, 200mg Dextrose) | □ 2 Condoms  |  |  |  |
| Make Sure Your Survival Kit Meets This Criteria:                      |  |  |  |  |
| □ Lightweight and compact   | ☐ Contains reliable (frequently checked) equipment     |  |  |  |
| ☐ Adjustable depending on the season                                  | ☐ Last several nights in a particular season           |  |  |  |
|   |  |  |  |  |